

Executive Women's Leadership Event – Resilient, Courageous and Transcendent Leadership

Date: 12 August 2021

Time: 8:30am-3:30pm

Format: Virtual Zoom

Programme

Time	Program		Facilitator/Format
08:30 - 08:45	REGISTRATION		Set-up – Virtual registration and survey
08:45 - 08:55	WELCOME		Farzanah Mall - MC
08:55 – 09:30	ECONOMIC, BUSINESS AND SOCIAL IMPACT OF COVID-19 AND OTHER KEY EVENTS Status, trends, and impact of Covid-19: Navigating the new normal		Dr Anuschka Coovadia
09:30 – 09:45	SETTING THE SCENE		Farzanah Mall
09:45 – 10:30	TRIALS, TRUTHS & TRIUMPHS – Journeys and lessons learnt in navigating crises Speaker profiles are on our website: www.usizoas.co.za		Wrenelle Stander Jenitha John Nosipho Damasane
10:30 – 10:50	COFFEE BREAK		
10:50 – 12:00	PANEL DISCUSSION with Wrenelle, Jenitha and Nosipho Leading question/s... Opportunity for attendees to engage with the panel		Farzanah Mall
12:00 - 12:30	LUNCH		
12:30 – 12:40	MINDFULNESS SESSION		Farzanah Mall
12:40 - 12:45	SET UP OF BREAKOUT SESSIONS – Set up of Group 1 and Group 2 The afternoon sessions will be split into 2 groups. Each group will cover both sessions. (There will also be smaller breakout attendee discussion sessions)		Farzanah Mall
12:45 - 13:45	Group 1: ME AS A PERSON – Emotional Wellness Includes, self-awareness and personal mastery and practical coping mechanisms, particularly in crises situations. Emotional Health is key to happiness and well-being	Group 2: ME AS A LEADER – Leadership Wellness Includes, overcoming challenges, managing corrosive relationships, building high quality connections, and developing your brand. Leadership wellness is key to enabling passion, purpose, productivity, well-being, and performance in the workplace	Group 1 - Dr Anuschka Coovadia Group 2 - Farzanah Mall
	Group 2	Group 1	
14:45 - 15:30	FEEDBACK and CLOSING – Key take-outs & wrap-up		Farzanah Mall and Dr Anuschka Coovadia

“My mission in life is not merely to survive, but to thrive; and to do so with some passion, some compassion, some humour and some style” Maya Angelou

About the facilitators



Farzanah Mall CA(SA)
Director: Usizo Advisory
Usizo Head of Business Services, Leadership and Development

Farzanah is a successful and dynamic businesswoman who has held senior executive positions for the past 12 years. She is a non-executive director of Tsogo Sun Gaming Limited and was previously a non-executive director of Comair Limited. She was also a Board member of KPMG and a Director at KPMG for over 10 years and played a key role in supporting KPMG's turnaround strategy. She was also previously the National President of the Businesswomen's Association of South Africa (BWA).

She has over 20 years of specialised strategy, business optimisation, governance, risk, branding, communication, organisational development, social enterprise development, stakeholder relations, leadership coaching and business/personal profiling expertise. She is a qualified chartered accountant, and she has a strong track record of delivering strategic change and operational accountability across a business eco-system. She has provided services for both the private sector and government, locally and internationally and has worked with leaders in industries such as healthcare, education, mining, treasury, banking, agriculture, manufacturing, aviation, tourism, and retail. In addition, she has strong communication, marketing, design, branding and publishing experience and oversaw strategic events and publications in healthcare, education, governance, and leadership.

She currently leads the Usizo Advisory Leadership and Development business. She is passionate about using her in-depth business and human capital experience to enable and support organisations, young talent and leaders to flourish and achieve their personal, business and professional goals. She is also committed to supporting transformation and nation building in South Africa.



Dr Anuschka Coovadia
Director: Usizo Advisory
Usizo Head of Healthcare and Clinical Services

Anuschka is a highly regarded doctor, actuary and economist who has spent over 2 decades working in healthcare and development, locally and internationally. She served as the Head of Healthcare and Life Sciences for Africa at KPMG for 5 years, during which time she led over 23 projects, related to Universal Health Coverage, across Africa, Asia and the Middle East. She is now a strategic advisor to KPMG in Africa. She also served as a consultant for the International Finance Cooperation (IFC) and World Bank. She is a Non-executive director at Dischem, a non-executive director for the Dawi clinics group in Egypt, a member of the Centre for the AIDS Programme of Research (CAPRISA) Investment Committee, a member of the Durban Girls' College board and a member of the St Johns DSG board. During the Covid-19 pandemic, she advised and supported many companies and community-based organizations, such as MTN, Life Healthcare, MATCH (Maternal and Child Health), and numerous small businesses and old-age homes. She has a deep passion for enabling behaviour and culture changes within an organisation and has supported the growth and development of many leaders.

Speaker profiles are available on our website: www.usizoas.co.za